

602 ARTICLES FOR SALE

CARPET-VINYL-PERGO: all at low whsl. prices, direct from manf., free shop at home. Let us quote and compare. We install residential & commercial, 25 yrs. experience. Ron, 905-936-2511. Btfn

IBM THINKPAD T30 Notebooks P4 M 1.8, 256MB, 40GB, DVD, "wireless" Win XP Pro (off-lease) \$499- Can't go wrong 647-477-5681 B46-49

NEC 19 in LCD computer monitor cost \$1000 new, sell \$275. Logitech subwoofer, 5 speakers THX \$175. Many other computer items. (905)729-2821 B49

PANASONIC CD STEREO, P.C.s and numerous other items. 705-436-1143. B48-50

PLAYSTATION 3- 60 GIG, 2 games! \$1,600 obo. Call Kevin @ 416-371-2954. L6b

RON PEGG'S BOOKS "Last of the Small Time Boys" (all about community) and "Cow Pasture Beginnings" (about baseball and community) available in Beeton at Bee Sew Busy and in Tottenham at Train of Thought Books. Great Christmas presents. B47-49

WEIDER 8530 HOME GYM. 38 different exercises. Includes lat bar, butterfly arms, press arm, leg lever, two weight stacks, VKR arms. \$50 call 905-729-3873. B49+50

CARPET
I have several thousand yards of new STAINMASTER and 100% OLEFIN CARPET I will carpet your living room and hall. **\$389.00** Price includes carpet, pad and installation (30 yards)
Call Steve (519) 938-5167
Suburban Carpets Inc.

605 HAY/SEED

ROUND & SQUARE BALES of hay and square bales of straw. Can deliver 905-775-7639 B38tfn

610 FIREWOOD/TREES

DAMN BEAVER FIREWOOD \$300 per bush cord. Free local delivery. Rough-cut specialty lumber available. Charles Emerson 905-801-5891 B34tfn

HOCKLEY VALLEY TREE Farms- Blue and white spruce, pine, fir, cedars, maples, etc. 8.2 kms north of Hwy 9 on airport Rd. Open daily September 10 - October 30. (10-5). All trees guaranteed (519) 942-4030. www.hockleyvalley.on.ca. Grower Direct. (open daily in December for Christmas trees). Btfn

QUALITY FIREWOOD, \$270 a bushcord for seasoned. \$225/bushcord for fresh cut. 905-729-2303. B47-01

611 GARAGE SALES

MOVING SALE: Basement full of new and used items - something for everybody. Do your Christmas shopping here. Alcona (705)436-5436. B49+50

701 COMING EVENTS

15th Annual Victorian Christmas Show and Sale "In the Barn"
Cookstown Antique Market
9 a.m. - 5:30 p.m.
Sat. Dec. 2nd & Sun. Dec. 3rd
10% off your purchases and we pay the G.S.T.
Located on Hwy. 27, 1 km North of Hwy. 89 in Cookstown
705-458-1275
Please bring a donation for the "Salvation Army"

612 AUCTIONS/ FLEA MARKETS

HORSE AUCTION SALE

Friday, December 15 at 12 noon

held for Peace Acres Farm Alliston, Ontario (on-site)

Directions: 4 miles West of Alliston to Con. 3; north on Tosoronto Con. 3 to 5044 on West side. Watch for farm sign, Peace Acres Farm, and auction signs.

NO CANCELLATION DUE TO WEATHER
This is an unreserved auction

TO INCLUDE: Gnomes Tuneup, 11, throughbred broodmare (no papers), by Tuneup, out of Gnome Junction; Ronnie, 3, throughbred filly (no papers), by Compadre, out of Gnomes Tuneup; Barbie, 2, throughbred filly (no papers), by EH, out of Gnomes Tuneup.

Note: These horses are owned by Ron Christman of Lewiston New York and are being sold through the InnKeepers Act at Peace Acres Farm. All are beautiful movers and must be seen to be appreciated.

STEVES AUCTIONEERING PALGRAVE, ONTARIO
519-942-0927

TERMS: Cash/Debit/Visa/Master Card/ Known cheque by pre-approval/ 10% Buyer's Premium/ No Reserves
Join us also the afternoon of the 15th., for an antique and collectible sale at the Palgrave Orange Hall at 6:30 p.m. Saturday Dec. 16th., @ 10:30 a.m. to include antiques, household, vehicles, electric train ride with steel track suitable for personal use in your yard or business use as an amusement ride. This sale will be held outside; please dress appropriately. No cancellation due to weather.
steves.auctioneering@sympatico.ca

612 AUCTIONS/ FLEA MARKETS

709 IN MEMORIAM

HELEN WRIGHT- In loving memory of a dear friend who passed away one year ago. Always remembered Stella

710 CARDS OF THANKS

THANK YOU- Fundraiser/Silent Auction, Saturday, November 18, 2006. Thank you to all the wonderful people in Tottenham and surrounding area who donated, bought a ticket, and or came out to support our fundraiser/silent auction event for Zachary Truen on November 18, 2006. Because of every one of you, the night was an enormous success. The turnout was incredible, way above our expectations. Our goal of \$10,000 was almost doubled (amazing)! Words of thanks do not seem adequate, but please know that everyone's support and generosity has truly blessed our family. Zachary's future will surely be brighter because of people like you! May God bless you all! The Truen Family

804 SERVICES

A COMPUTER FIX ? #\$\$#@! NeedAGeek.ca 905-729-0821 B42-02

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may be your ticket to your next vacation.
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805 HEALTH/FITNESS

COLON HYDROTHERAPY. A healthy way to remove toxins that cause tiredness or constipation. We'd love to hear from you. Serenity Health. 905-857-1499. Ltn

SUFFERING FROM ARTHRITIS, rheumatism, fibromyalgia? Wanting to detoxify your body? Constipation, fatigue, depression, SAD, back, shoulder and neck pain, infections, overweight and many, many more ailments. Try FAR INFRARED THERAPY TREATMENT 905-939-4607. B49-51

TRY ONE CLASS FOR FREE! Aerobics, indoor cycling, step aerobics, muscle sculpt, stability ball, aquafitness classes and more! at Splashy's Swim 'n Fitness. Purchase any 11 classes for the regular cost of 9 during the months of November 2006 through January 2007 for \$75. Childcare available. Become a Splashy's Club member! Join up with a friend (6 months or 1 year) and the rest of the year 2006 is free! Add on options for the spouse, teen or child in your family- as low as \$20 per month. Different memberships available. Other fun programs: Try 7 Mom & Baby Aquafitness classes for \$40. Kinderswim program for parents and preschoolers is only \$60 for 9 swims- bonus get 2 free indoor playpark passes. For info call Piret 905-939-7581, www.splashys.com B46-49

809 RESIDENTIAL SERVICES & REPAIRS

FINISHING CARPENTRY renovations, flooring and painting. Kitchens, bathrooms, custom-made furniture, doors, trims, crown moulding and basement renovations. Free estimates. Page Charlie 416-501-3555 or call 905-939-9182, Pottageville. B42-49

817 PRIVATE SCHOOLS

KINGS COLLEGE now accepting applications for September 2006. Call 905-880-7645. King's College School: magnificent schooling for grades 3 to 12.

903 LESSONS

PIANO LESSONS Preparation for RCM exams. A patient and fun environment for adults and children. Call Mrs. Campbell 905-729-3842. Beeton. B34tfn

RIDING LESSONS. LEARN to ride on safe horses at private farm. \$25 PER LESSON. Beginner and Intermediate levels. To book your lesson today call 905-939-7393. gtfnb

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PET SITTING in my home on 10 acres of secluded country property. Supervised 24-7, large and small dogs welcome. References available 905-729-8980 B40-52

Southlake embraces minimally invasive thoracic procedure

As one of only a few hospitals in the country to offer minimally invasive thoracic surgery, Southlake Regional Health Centre in Newmarket recently expanded its regional thoracic program by recruiting Dr. Alexander Lee, a thoracic surgeon who specializes in performing these advanced procedures.

With more than 80 per cent of his operations done via "keyhole" surgery, Lee, along with Dr. Julius Toth, head of the division of thoracic surgery at Southlake, perform more thoracic surgeries for lung and esophageal cancer than all other hospitals in the Central Local Health Integration Network (LHIN) combined.

"We are always looking for new and innovative ways to develop tertiary or advanced services for the people of York Region and surrounding communities," commented Daniel Carriere, Southlake's president and CEO. "All of us at Southlake are very excited to have Dr. Lee join our team and his specialization in minimally invasive procedures will greatly benefit the communities we serve."

"There are many great organizations doing their best to help people in their fight against cancer, and I am proud to have the opportunity to help Southlake prepare for and build a cancer program that will address the overwhelming need for advanced cancer care in York Region and beyond," Lee remarked. "I am very excited to be joining Dr. Toth, and the rest of his team. I strongly believe in the hospital's vision, mission and values and I look forward to being a part of the

York Region community."

As Lee's first Southlake patient to benefit from this type of procedure, an 85 year old Barrie resident underwent a video assisted thorascopic right upper lobectomy (the removal of a portion of her lung that was affected with cancer). Without this surgery or other intervention the cancer would have progressed and, had she undergone open chest thoracic surgery, would have been at a higher risk of complications following her operation.

Minimally invasive surgery eliminates the need to spread the ribs during chest surgery and requires only a small incision, referred to as a "keyhole" surgery. A miniature video camera is inserted into a small incision, allowing the surgeon to clearly see the area being operated on, and as a result, can be more accurate and provide faster, less painful recovery than traditional surgery.

According to Lee, as many as 80 per cent of patients requiring thoracic surgery would be candidates for the minimally invasive procedure.

"A lot of factors must be considered when selecting patients for key-hole surgery," he explained. "For instance the size and nature of the lesion are important when considering minimally invasive approaches."

By 2008, Southlake plans to open its cancer centre, where more than one million people who live in York Region will, for the first time, have access to radiation therapy as part of their comprehensive cancer treatment.

804 SERVICES

804 SERVICES

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